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Dear Parent/Carer

**Re: Reinforcing Study at home – live webinars and Q&A with Elevate**

This is to let you know that parents of Trinity School have exclusive access to Elevate Education's Parent Webinar Series: **Empowering Parents to Reinforce Study Skills at Home.**

These initial webinars are free; if you chose to pursue further courses with Elevate this would be at your own cost.

Topics Covered:

- **22/09 - Independent Learning:** How to know that your child is focusing on the right kind of work that gets top marks.
- **14/10 - Time Management:** How to resolve battles over homework and workload, get on the same page and help balance life and academic work.
- **10/11 – Exams:** Developing a pre-exam roadmap with your child to maximise their chances of success and keep feelings of being overwhelmed at bay.
- **01/12 - Stress & Wellbeing:** Understanding your child's stress triggers, symptoms, and a toolkit for stabilising during tough periods.

Register here: <https://get.elevatecoaching.info/uk/register/>

Webinar Format: The webinars run **online** from **6pm – 7pm**. The webinars are live, where a senior presenter shares Elevate's key research and skills, plus answers questions so parents can get the specific tools they need.

To contact Elevate directly you can: call 01865 987 732, email [charlotte@elevateeducation.com](mailto:charlotte@elevateeducation.com) or go to [uk.elevateeducation.com](http://uk.elevateeducation.com)

Yours faithfully

Mr R Shaw  
**Head of Sixth Form**